

“Recipes” from An Anonymous Man

Zarky’s Signature Chili Con Carne:

It’s chock full all kinds of good stuff including vegetables and ground beef. Cooking instructions couldn’t be any easier - Heat & Serve. Gotta love it. Usually, if the first line of a recipe isn’t “empty contents into saucepan”, it’s well out of my league. Zarky’s Signature ChiliCon Carne is available at Mitchell’s Bakery and Marketplace, 209 Carlton St.

My next suggestion has been enjoyed by many folks here in Trillium Gardens.

Chicken, Mushroom and Pearl Onion Pie:

These wholesome meals are perfect for a cold winter’s day. Ingredients include chunks of grain fed air chilled whole chicken, poaching stock, pearl onions, mushrooms, onions, celery, garlic, sage, thyme, parsley, sea salt, white pepper. They come frozen, and cooking instructions are... Heat & Serve. Love it!

This and other tasty prepared dishes are available at Robin Howe Catering (.com), 27 Balfour St.

These two tasty delights are the perfect ticket to get yourself out of the ‘dog house’, should the need arise.